E-mental health has proven its potential: patient empowerment, cost-effectiveness, independency of time and place are only some of its benefits. However, the implementation of e-mental health in routine care in Germany is proceeding slowly. Frameworks ensuring and enhancing successful implementation of high quality and safe e-mental health applications are needed. Designs for sustainable implementation into real-world settings are required.

How can these implementation challenges of e-mental health be mastered? How can quality and safety of e-mental health applications be ensured? How should admission requirements for the healthcare market in Germany be adapted?

These topics and questions around the use of digital applications in mental healthcare will be targeted at our seminar. We expect participants from the areas of health care, science, politics and development.

Monday, 11 June 2018
11:00–17:00
Haus der Universität | Schadowplatz 14 | 40212 Düsseldorf

Please turn the page.
Programme

Moderator: Prof. Dr. Wolfgang Gaebel, Chairman of the German Alliance on Mental Health, Past President European Psychiatric Association

11:00–11:30 | Registration

11:30–11:45
- Opening
  Prof. Dr. Euphrosyne Gouzoulis-Mayfrank, Medical Director LVR-Klinik Köln; Director LVR-IVF, Cologne, Germany
  Dr. Iris Hauth, Managing and Medical Director Alexian Hospital St. Joseph, Berlin-Weißensee; Past President DGPPN, Berlin, Germany

11:45–12:00
- The eMEN Project: a European initiative
  Oyono Vlijter, Project Leader of EU project „eMEN“, Arq Foundation, Diemen, The Netherlands

12:00–12:30
- Keynote: e-mental health – state of the art
  Prof. Dr. Heleen Riper, Faculty of Behavioural and Movement Sciences, Section of Clinical Psychology, VU University Amsterdam, The Netherlands

12:30–13:00
- How to implement e-health applications? Challenges and approaches to quality and benefits assessment
  Karsten Knöppler, Manager at fbeta GmbH, Berlin, Germany

13:00–13:30
- Practical experiences – the perspective of a healthcare insurance provider
  Dr. Susanne Klein, Head of Development Department in TK Care Management, Techniker Krankenkasse, Hamburg, Germany

13:30–14:00 | Coffee break

14:00–15:00
- Best practice examples
  - E-RECOVER: a new e-mental health portal
    Prof. Dr. Martin Lambert, Department of Psychiatry and Psychotherapy of the University Medical Centre Hamburg-Eppendorf, Germany
  - Therapy 2.0: Counselling and Therapeutic Interactions with Digital Natives
    Dipl.-Psych. Evelyn Schlenk, Innovation in Learning Institute, Friedrich-Alexander-Universität Erlangen-Nürnberg, Germany
  - Interapy: online therapy in the Netherlands
    Dr. Bart Schrieken, Interapy, Amsterdam, The Netherlands
  - PRONIA: new perspectives in computer-assisted diagnostics in psychiatry and psychotherapy
    Prof. Dr. Eva Meisenzahl, Department of Psychiatry and Psychotherapy, Medical Director LVR-Klinikum Düsseldorf, Clinics of the Heinrich-Heine-University Düsseldorf, Germany
    Prof. Dr. Nikolaos Koutsouleris, Department for Psychiatry and Psychotherapy, Hospital of the Ludwig-Maximilians-University Munich, Germany

15:00–16:00
- Plenary discussion „E-mental health: the digital revolution in mental healthcare in Germany?“
  Moderator: Prof. Dr. Wolfgang Gaebel
  Prof. Dr. Eva Meisenzahl, LVR-Klinikum Düsseldorf
  Dr. Iris Hauth, DGPPN
  Dr. Susanne Klein, Techniker Krankenkasse
  Dr. Ernst Dietrich Munz, BPK
  Dr. Franz Bartmann, BÄK
  Karsten Knöppler, fbeta GmbH

16:00–16:10
- Wrap up
  Prof. Dr. Wolfgang Gaebel

16:10–17:00 | Get together

Free simultaneous translation (German ↔ English) via headphones is available. Please bring a deposit (e.g. ID card) to borrow the headphones.

A certification according to the German CME system has been applied for.